

SIZERVILLE
MAGNETIC
MINERAL
WATER

Bottled by
Magnetic Mineral Water Co.,
Hon. F. D. Councilman,
Proprietor

Wells and Office at
Sizerville, Cameron County, Pa.

The Sizerville Wells.

The Sizerville Magnetic Mineral Water, the medicinal virtues of which are recognized wherever it has been used, is taken from artesian wells at Sizerville, Cameron county, Pa., the water coming from unfailing springs 900 feet below the surface. It was discovered by prospectors who were drilling for oil, the operators finding a product vastly more valuable than petroleum and which has proved an inestimable boon to humanity. The site of the Sizerville wells is one of the most beautiful that can be imagined, located in a picturesque valley on the eastern slope of the Allegheny Mountains, free from miasmatic influences, with pure air and delightful surroundings, making it an especially desirable health resort and place for rest and recuperation. Sizerville is on the line of the Pennsylvania Railroad, 114 miles from Buffalo, 44 miles from Olean, and 6 miles from Emporium.

While Sizerville is a desirable and pleasant health resort, it is not necessary for people to visit the wells to get the full medicinal benefit of the water. It has been thoroughly demonstrated that the marvelous cures which have been per-

formed by Sizerville Magnetic Mineral Water, can be accomplished away from the wells, as well as at the wells, if the same quantity is used. Persons going to the wells for treatment make a business of drinking the water and nothing else: with the same use of water away from the wells the same results are obtained in the cure of all diseases for which this water is an unfailing remedy. Sizerville water loses none of its medicinal properties by bottling and shipment. To get the best and quickest results, the patient should use from two to four quarts each 24 hours, and if this is done, as good results can be obtained away from the wells, as at the wells.

The economy of shipping the water to your homes is apparent, and you can get more benefit for your money at home, by using a sufficient quantity of water, than at any watering place in the country.

All communications should be addressed to the Sizerville Magnetic Mineral Water Co., Sizerville, Cameron county, Pa.

Medicinal Virtues of the Sizerville Magnetic Mineral Water.

A chemical analysis of the Sizerville Magnetic Mineral Water, given on the following pages, indicates its great medicinal value, showing as its constituent elements various mineral substances in combination, making it pre-eminently attractive, tonic and restorative, differing from all other alteratives. Instead of impoverishing the blood and otherwise depleting the general system, it at once excites to health and normal action the excretory system (skin, kidneys, liver and bowels) in a mild and gentle manner, causing no inconvenience, improving digestion and assimilation, and purifying and enriching the blood. It is an unfailing remedy for rheumatism, paralysis, kidney and urinary troubles, and is especially effective in all diseases arising from an impure state of the blood and for Bright's disease. Its magnetic properties strengthen and give new life to the nerves, toning up the system and enabling it to throw off disease.

Aside from its medicinal properties, Sizerville water is a most pleasing, wholesome and desirable table water and refreshing beverage.

Nature's Marvelous Curative Agent.

M. M. W. Co.
Sizerville, Pa.

Dear Sir:--

Enclosed you will find my report of quantitative analysis of the Sizerville Magnetic Mineral Water, which I trust will prove satisfactory to you the unusual ingredient as it is. The gas methane may account in some degree for the medical effects you claim for the water. The water is certainly very pleasant to the taste and has a decided characteristic flavor. I am very favorably impressed with it and may send you an order for some to try on myself, although I have no particular ailment.

Analysis.

From Well No. 1 at Sizerville, Cameron County, Pa.

The water is free from all organic matters, vegetable or animal. Temperature 49 Fahr.

Total solids present	92.46	gr.	U. S. Gal.
Sodium Chloride.	65.91	"	"
Calcium Carbonate	18.9	"	"
Magnesium Carbonate	2.	"	"
Calcium Chloride	2.5	"	"
Silica and Silicated	3.1	"	"

Carbonate of Iron		Trace
Lithium		"
Total gasses present	10.12 cu. in.	per gal.
Methane	4.85	"
Nitrogen	2.72	"
Oxygen	.58	"
Carbon Dioxide	1.97	"

Very respectfully,

J. Tingley.

Prof. of Chemistry in the Western
Penna. Medical College at Pittsburg, Pa.

Why Sizerville Springs Yield One of the Greatest Natural Waters Ever Discovered in Either Europe or America.

Sizerville water has a uniform temperature at the spring of 49 F.

Ingredients of Sizerville Water and how they are beneficial

Note,--For quantity of ingredients see Analysis on page 6.

Ingredients---How Beneficial.

Chloride of Sodium: -- It is one of the essential components of the body, being found in every structure, except the teeth. A certain daily quantity is required for the needs of the system, and its withdrawal is at once keenly felt. It exercises its chief function in the fluids, and determines to a great extent the quantities of exudations, regulates absorption, and serves to maintain the albuminoids, especially those contained in the blood, in a state of fluidity. It is in a word one of the most important factors in the process of nutrition. Chloride of Sodium when taken into the stomach in therapeutic doses, causes an increase in the flow of gastric juice, bile, pancreatic juice, and intestinal fluids, promotes the appetite, and aids in the process of digestion. It is also sedative to the nervous system.

Carbonate of Calcium: -- It possesses several properties not observed in the other carbonates. The familiar "chalk mixtures" of drug stores is largely composed of this substance. Although alkaline in action, it is not evacuant, but in large doses is liable to cause constipation. In virtue of this action this water has been used with much success in chronic

diarrhoea. It is also a great solvent of uric-acid gravel and calculi when taken freely.

Carbonate of Magnesium: -- This is perhaps the most efficient of the antacids. Its best effects are observed in acid eructations and pyrosis and in sick headache, especially when due to or accompanied by constipation. It is also valuable in checking the formation of uric acid gravel and calculi.

Chloride of Calcium: -- Lime is an essential constituent of the human body about two pounds existing in the bones of a normal adult. Its loss in children gives rise to the condition known as rickets. It also enters into the composition of the brain substance-nerves, blood, muscles, saliva, and other tissues and fluids. It has a tonic effect and is very beneficial in scrofulous diseases and in chronic eczema.

Silicia: -- It has great power when taken internally in cancer and lupous ulcerations. It also eliminates albumen and sugar from the urine.

Lithium: -- Is a powerful diuretic even in small quantities. Most valuable in the treatment of uric-acid gravel, calculi in the bladder, diabetes and brights disease of the kidneys. It is also valuable in cases of gout and in other diseased con-

ditions of the blood. It is also very valuable in phosphatic deposits in the appendix.

Iron: -- The blood contains normally about 45 grains of iron, and this quantity cannot be permanently increased by consuming large quantities. It is very valuable as a tonic, enriching the blood, and especially useful in anemia, uterine ailments and nervous weakness. Owing to its tonic and soothing effects on the nervous system, it is of special value to delicate and nervous invalids. Clinical experience has shown that it causes an increase in the appetite, a return of the normal color, a gain in weight and strength and a general improvement of the bodily functions.

In answer to the following questions by the spring representative an eminent physician stated the following :

Sizerville cures Bladder Trouble.

How ?

It renders the urine alkaline, lessens the irritation and causes a free flow of the urine.

Sizerville cures Kidney Trouble.

How ?

It prevents the formation of gravel and dissolves any already formed and so pre-

vents the formation of stone in the bladder.

Sizerville cures Rheumatism.

How ?

It counteracts the effect of uric acid in the system.

Sizerville cures Dyspepsia.

How ?

By relieving congestion of the liver and stimulating the healthy secretion of gastric juice.

Testimonials.

We submit a few of our many testimonials, showing that what we claim for the water is well deserved.

Williamsport, Pa.

To Whom it May Concern:

During my residence in Emporium, Pa., (7 miles from Sizerville,) I have known a large number of persons to be greatly benefited by the use of the famous Sizerville Mineral Water.

I resided in Emporium ten years and during that time I became acquainted with the virtues of the Sizerville Mineral Water. I know of many cases of indigestion, liver and kidney trouble, rheumatism and gout, which were cured or greatly benefited by its use. It has a very agreeable taste and no unpleasant effect. One can drink large quantities of it.

Sincerely,

Albra W. Baker, M. D.

To Whom it May Concern:

This is to certify that I was taken the past summer [1904] with kidney and stomach trouble, and having taken a course of medicine from a noted M. D. which failed to cure me, I sent for a case of the Sizerville Mineral Water, thinking possibly it might do me some good.

I had heard through a friend that it

was a wonderful mineral water and I thought it wouldn't do me any harm, even if it failed to help me.

I want to say that I was surprised, and agreeably surprised, for after taking the water for less than a week I began to feel better, not only did I have a good appetite, but I felt better every way.

It took but a short time to satisfy me that the Sizerville Mineral Water was in reality a wonderful water.

Unlike many mineral waters there is nothing disagreeable about it; it doesn't taste like sulphur or anything unpleasant, but on the contrary I consider it the best tasting water I ever drank.

I have a very fine spring on my farm. It is ten feet deep and more than fifty barrels of cold water flows from it every day in the year.

It is considered one of the finest in the county or in the state for that matter. I always preferred the water from this spring to the well water of any well in the neighborhood, but since drinking the Sizerville water I have no use for the spring, or in fact any other water.

There is nothing that will satisfy my thirst like the water from the well in the mountains of Pennsylvania. I have drunk the third case of the Sizerville water and have sent a bottle of my urine to a noted M. D. who after making an-

alysis of the same reports that my kidneys are in a fine condition, not a trace of anything wrong. He also says that my stomach and nervous system are in a better condition than at any time he has ever known me, and he has made the analysis for several years.

Now all I have taken is plenty of the great mineral water, and I ask what more could anyone ask as evidence that the Sizerville water is all that is claimed for it. I claim that the people owning the spring are really too modest in their claims. Some things are praised too much, not so with the Sizerville water, it contains curative powers, which if known to the public would keep an army of men busy trying to fill orders as fast as they were received. I have found it to be a great nerve tonic and if every business man doing brain work could have the water handy and drink at least three glasses a day he would find he could do more and better work. I only wished I owned the Sizerville spring and it was here instead of in Sizerville, the public would, soon know of its virtues, and I would not hesitate to expend at least \$10,000 the first year in introducing it in every part of the country, for it would be something I could honestly recommend.

Respectfully yours,
 Frank Finch,
 Clyde, N. Y.

Mineral Water Company, Sizerville, Pa.

Dear Sirs: --

I am very glad to add my testimony as to the value of the Sizerville Water for Inflammatory Rheumatism. I was quite helpless and it cured me in a few weeks and I have had no return of it in five years.

Truly yours,
 Mrs. G. F. Balcom

Emporium, Pa.

Keating Summit, Pa.

Gentlemen: --

Five years ago I was a great sufferer from Sciatic Rheumatism and it was with difficulty I could walk. I had been treated by several Specialists and taken lots of medicine, without getting relief, but at last was induced to try the Sizerville Magnetic Mineral Water. In less than two weeks was much improved and inside of a month was well. It is with pleasure I endorse it.

H. A. Avery,
 Ex-Associate Judge of Potter County.

Emporium, Pa.

Dear Sir: --

I wish to say that I have used largely of and am well acquainted with the Sizerville Mineral Spring Water and unhesitatingly recommend it for almost any kind of a run-down physical condition especial-

ly rheumatism, kidney and urinary organs and diseases.

It is agreeable to drink and perfectly harmless for administration to the most delicate. No danger of drinking too much. The great trouble is that not sufficient is taken, but if judiciously and continuously used will improve any physical condition. I have used considerable of it taking it to my home in jugs. I always feel better when I drink freely of it.

Yours respectfully,

F. D. Leet, Atty.

Buffalo, N. Y.

Dear Sir: --

Regarding the Water at Sizerville, I can say that when I returned from the plains in Kansas, and Colorado, some thirty years ago where I was obliged to sleep on the ground for about three months, I contracted rheumatism, and after I was employed on the W. N. Y. & P. R. R. was told of the good to be derived from the use of this water. I commenced drinking it freely, for three months, since which time I have never been troubled. I have seen a great many people go to Sizerville on crutches, and in a few weeks treatment leave, in as good condition as need be. I have great faith in this water for rheumatism or trouble of the kidneys.

Truly Yours,

M. Y. Norton.

Pittsburg, Pa.

Magnetic Mineral Water Co.,

Sizerville, Pa.

Dear Sirs: --

Three years ago when I came to your springs I could scarcely walk having kidney trouble so bad. I had used patent medicines, bottle after bottle, and could get no relief, I staid there 10 days and the pain left me so I came back home. I ordered a case of the water and commenced using it in place of common water and in a few weeks I had no pain and the trouble has never returned. I can't say enough for the Sizerville Magnetic Mineral Water, it hit just the right spot, it seems to be nature's own remedy for kidney trouble, the water is so palatable any one can drink it. To those afflicted as I was I say try that "Mineral Water" and be cured.

Sincerely yours,

Chas. E. Wagner

Austin, Pa.

Dear Sir: --

In reply to your inquiry regarding my opinion as to the value of the Sizerville mineral spring medically; it is my opinion that it will prove a very valuable remedial agent in cases of gout, chronic rheumatism, uric acid conditions and cases of auto-intoxication due to defective elimination, by the skin, kidneys or bowels.

Yours very truly,

C. L. Bradford, M. D.

Smethport, Pa.

Magnetic Mineral Water Co.,
Gentlemen --:

Will you please send to me one case, 12 half gallon bottles Sizerville Magnetic Mineral water, from Sizerville, Pa.

I used this water about eighteen years ago for rheumatism and found it very effective. Three years ago my wife had a very bad attack of rheumatism; went over to Sizerville to take the water. She was there two weeks and the treatment did her more good than anything she has ever used for rheumatism. J. C. Stull of Farmers Valley, Pa., went there on crutches a few years ago. Had been sick with inflammatory rheumatism a long time, staid there a few weeks, came home and has never been troubled with it since.

I am thankful some one has taken hold of the spring who will use it for what it is worth. I have never known a person to use that water, but was benefited by it.

Hoping you will make a success of the business, I am,

Very truly yours,
D. C. Young.

Buffalo, N. Y.

Magnetic Mineral Water Co.,
Sizerville, Pa.,

Dear Sir: --

I have used the famous Sizerville Mineral Water on the road for the past ten

years and I can say that in all that time I have never suffered a moment with any kind of kidney trouble caused by the constant jar of train standing on my feet in the discharge of my duties. I have yet to hear of a railroad man that uses it as freely as we all do that ever had any trouble with his back in any shape caused by our particular occupation which all will concede to be disastrous on the back, kidneys and urinary organs.

I could tell you of scores of people that our road has hauled to your springs hardly able to walk that left in from 2 to 4 weeks well.

Very truly,
V. S. Burnell.
R. P. Clerk.

Albany, N. Y.

Sizerville Mineral Water Co.,
Gentlemen: --

I owe you people a debt of gratitude for what that water done for me. Two years ago my back and kidneys played out on me and I was so I could not work in the shops, here, and had to give up work and was perfectly miserable. I was in the hotel here one day and a drummer, that had been down in your section selling goods, told me about the water, and I ordered a case soon as I heard from you. Soon as I began taking it the pains in my back left me and in a couple of weeks it

was all off. That water is "great" it helped me when medicine did not. I shall order another case by this mail. I can't say enough for the good old "stuff". You will hear from me again soon with an order for a friend here, who is afflicted as myself.

Thankfully yours,
Patrick Kane,

Franklinville, N. Y.

Magnetic Mineral Water Co.,
Dear Sirs: --

I have used Sizerville Mineral Water about 6 years and pronounce it superb as a medicine and pleasant as a beverage. Words cannot express its benefit to me.

Here is hoping the well will never run dry as long as I run here.

Very truly,
F. D. MacCluer.

St. Marys, Pa.

It is a great pleasure for me to recommend and to speak in the highest terms of the Sizerville Mineral Water.

I have visited Sizerville for the past eleven (11) years, regularly every 60 days, and would always go out of my way in order to spend two or three days there drinking the water and taking the baths, after which I always felt like a new man, and I continue to do so still and always will as long as I continue to

remain in this section. It has come under my personal observation where several severe cases have been very much benefited and cured by using this water, both for internal use and outward application and I heartily recommend it to all. Knowing from experience the good that results from using it.

We should all thank the Almighty for furnishing us water like this that has so many medical properties, that is for man's good in it as this water possesses.

E. W. Hunt.

Eldred, Pa.

The Sizerville Mineral Springs Co.,
Gentlemen: --

In reference to the virtues of the water of your mineral springs at Sizerville, Pa., would say from an intimate knowledge and experience of the benefits to be derived from its faithful and intelligent use, I can confidently recommend it to all sufferers from rheumatic, nervous, stomach and kidney troubles. During three years' practice in the vicinity of Sizerville I had an excellent opportunity of observing its effects in all classes of cases and patients, all of whom received marked benefit and the great majority of them were cured. While in the diseases I have mentioned it seems to act as a specific, its good effects are by no means confined to those limits but it is valuable

in all conditions of the system resulting from imperfect elimination and retained impurities.

As it is essentially a good purifier it is indicated in all chronic forms of disease and can be used with good advantage at the home if used in sufficient quantity.

Respectfully yours,

Geo. P. Meecham, M. D.

Buffalo, N. Y.

Magnetic Mineral Water Co.,

Sizerville, Pa.,

Dear Sirs: --

I have been in active train service now for the past 10 years, and during said time have continually used the Sizerville Mineral Water and have never had the slightest trouble with kidneys or urinary organs. Am on my feet continually on an average of 12 hours per day. Its medicinal properties are great and as a drink it is one of the finest waters I ever saw. One can drink their fill, no matter how warm they are, and not experience any of the nauseating effects usual in drinking too much water. I would respectfully recommend to all either as a beverage or for medicinal properties.

J. Frank Sampson

Smethport, Pa.

My boy, four years old, had typhoid fever. When the fever left him he was

only skin and bones and remained so for two months and did not gain a pound of flesh; he was taking medicine all the time, but could not eat anything. I stopped his medicine entirely and commenced using your mineral water, and before he had used two bottles he commenced to eat and gain. He used about two cases of the Mineral water and was as well and hearty as ever, and today is as rugged and tough as any boy in the State, and I honestly believe if it had not been for your mineral water he would not be alive today. I also believe for costive children there is nothing better than Sizerville Water.

M. L. Armstrong.